



# In Harmony Dance & Wellness

## COVID-19 Reopening Plan

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*Protocol Updates as of March 21, 2022. Guidelines subject to change according to any direction given by local public health.*

In accordance with **Ontario Dance & Performing Arts Studio Workplace Guidelines**, *In Harmony Dance & Wellness Ltd.* will be implementing these set reopening guidelines. Please carefully review the document by **clicking here**.

In summary, these are the changes you can expect from us as you return to dance:

- **Screening**: You will be screened upon entry to the studio by answering a few questions. No more temperature checks.
- **Drop Off & Pick Up**: You will drop your child off at the front entrance at Stellar Dr. Your child will be greeted by an IHD representative for screening and will then be taken upstairs. All children under the age of 4 can have 1 parent accompany them to class. Pick up will be at the Harry Walker entrance of the studio. An IHD representative will walk each dancer down to curbside student pick up. Parents **must** come to the door to pick up the dancer.
- **Separate Entrances**: Dancers will enter the Stellar Dr. entrance and use the back Harry Walker Drive exit. This encourages a one-way traffic flow at the studio and minimizes the risk of contact. Doors will be propped open so that handles will not be touched.
- **Hand Sanitation**: We will provide a hand sanitation station upon entry to the facility and ask that dancers sanitize their hands. We have also installed touchless hand sanitizing stations outside of each studio.
- **Masks**: Masks are no longer mandatory. It is optional for those who want to wear a mask in the facility to do so and it is optional for dancers to wear the mask during dance class. If a parent prefers their child to remain masked during class, they can communicate that on the consent form.
- **Physical distancing**: Physical distancing is no longer required.
- **Change Room**: Our change room will be open with limited capacity. Dancers are encouraged not to bring many personal belongings to dance.
- **Breaks longer than 45 minutes**: Dancers **must be picked up** and leave the unit if they have a break longer than 45 minutes.
- **Increased Cleaning and Sanitation**: We have increased the frequency of our cleaning and we will ensure that the studio is properly sanitized daily. We have implemented a nightly sanitation and air

purification protocol. We have also installed air purifiers to run 24/7 in the common areas as well as essential oil diffusers.

- Contactless Payment: We continue to use our online parent portal to accept registrations and payments. Our reception desk will be closed for the time being but our staff will be available to assist by email or phone.
- Consent for physical contact: We will obtain parental consent before allowing our staff to provide any hands-on corrections to dancers or spotting in Acrobatic classes, unless parents. Instructors will be masked and sanitized after coming in contact with a student. Instructors will continue to provide feedback, corrections and clear explanations through their coaching. Parental consent will also be obtained to allow dancers to have physical contact with their peers in choreography classes. Acrobatic double tricks will be put on hold for the first couple of weeks of the session.
- Continuation of Zoom online classes: We have installed web cameras and devices to allow each class to be live streamed through Zoom. This allows students who are absent from the studio because of quarantine or illness the opportunity to participate from home. *Please note that an arrangement must be made with the office to participate on Zoom.* The cameras will not be turned on unless a student has made the request.
- Continuation of the Band App: We will continue to use the Band App for each class where students will access links to the live Zoom classes, pre-recorded content, homework, videos and more.
- Parent Waiting Area now OPEN: Our waiting area will have limited capacity but we will alternate weeks to either allow parents into the facility or have the watch on Zoom. This means that every other week, you will be permitted into the student, with the exception of parents of students younger than 4 years of age, who will be allowed to come each week. To keep the numbers down, only parent per child please.
- Props: We will begin using props again for classes (such as parachute, wands, ribbons, acrobatic props). These props will be sanitized frequently, however, students are welcome to bring their own scarf, wand, ribbon or tiara.
- Stay Home if Sick: As always, we ask that you stay home if you have a fever or are feeling generally unwell.
- Kitchen closed: Our reusable cups are off-limits. As always, we ask dancers are not to share water bottles or food
- Reduced Class Sizes: Our class sizes have been reduced to 15 students maximum for the time being.
- Limited number of people in the facility: We will not exceed 100 people in our unit at any time including students and parents.
- Assigned Washrooms: The change room washroom will be designated to participants of Studio A. The Family Bathroom off of our lounge will be designated for participants of Studio B & C. We ask that parents use the washroom in the common area hallways of the building.
- Air Filtration: We have installed Air Purification units (one in the front and one at the back) to help filter viruses from the air. We will also be using aromatherapy diffusers to help purify the air. We have serviced both of our HVAC units to ensure that they are in good working order and can maintain proper air flow within our units.